



**nourish up**<sup>™</sup>  
Lifting our community  
through food.

## The Beverly Howard Award

The Beverly Howard Award is awarded to a **volunteer or volunteer group** who has faithfully served our community by combating hunger through **dedicated volunteer service with Nourish Up**. Their service has demonstrated a Nourish Up core value of *Dignity* and has extended the promise of *Hope* to people experiencing economic hardships.

The recipient will be determined by the Award Committee based on the following factors:

- 1. Compassionate, heartfelt, and dedication as exemplified by longtime Executive Director, Beverly Howard**
- 2. Dedication to the Vision, Mission, and Values of Nourish Up**
- 3. Duration of service with Nourish Up**

Name of Nominee \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_

Nominated by \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_

**Please attach a letter explaining why your candidate(s) is deserving of this award. Please email or mail your nomination to Martha Cochrane.**

*Email: [mcochrane@nourishup.org](mailto:mcochrane@nourishup.org)*

*Mail: Nourish Up*

*Attn: Martha Cochrane*

*P.O. Box 680791*

*Charlotte, NC 28217*

### Vision

A community that accepts no excuses for our neighbors going hungry.

### Mission

To nourish our neighbors with food and compassion.

### Values

We believe that access to nutritious food is a fundamental human right. Therefore, we are guided by the following core values:

**Dignity:** We believe that all people have inherent worth. We are committed to equitable and inclusive treatment. We strive to provide quality service to our neighbors.

**Stewardship:** We efficiently leverage donated resources and volunteer time to further the mission of Nourish Up.

**Collaboration:** We will work with a diverse group of organizations, public and private, to ensure optimal service to our clients and to avoid duplication of services in our community.