



nourish up[™]
Lifting our community
through food.

The Virginia Sampson Award

Virginia Sampson dedicated her life to feeding hungry people. Through Virginia Sampson's leadership, what began one small food pantry at her church in Charlotte grew to become the largest network of pantries in North Carolina. **The Virginia Sampson Award** recognizes an individual making the **greatest impact on hunger** in our community. The recipient will be determined by the Award committee based on the following factors:

1. **Timeliness of concern and effort**
2. **Duration of concern and effort**
3. **Impact on hunger in the community**

Name of Nominee _____

Address _____

Phone _____

Nominated by _____

Address _____

Phone _____

Please attach a letter explaining why your candidate(s) is deserving of this award. Please email or mail your nomination to Martha Cochrane:

Email: mcochrane@nourishup.org

Mail: Nourish Up

Nominations Committee

P.O. Box 680791

Charlotte, NC 28216

Vision

A community that accepts no excuses for our neighbors going hungry.

Mission

To nourish our neighbors with food and compassion.

Values

We believe that access to nutritious food is a fundamental human right. Therefore, we are guided by the following core values:

Dignity: We believe that all people have inherent worth. We are committed to equitable and inclusive treatment. We strive to provide quality service to our neighbors.

Stewardship: We efficiently leverage donated resources and volunteer time to further the mission of Nourish Up..

Collaboration: We will work with a diverse group of organizations, public and private, to ensure optimal service to our clients and to avoid duplication of services in our community.